

Discussion Outline:

After showing the Parent Workshop Video or Reviewing the Support Material with the workshop group, hand out the Difficult Teens, Suggestions for Parents Booklets. Have the parents turn to page 4, and point out that beginning on page 4 there are some great suggestions on how to set better limits in the home (you may want to touch on some of the things written i.e. The need for rules and limits listed in the first paragraph under setting better limits or the 4 things needed for compliance to rules on page 5). Encourage the parents to take the booklet home and read through it thoroughly. Then have the parents turn to the questionnaire on page 2 located in the front part of the Booklet. Tell the Workshop group that this questionnaire helps identify which teens are likely to respond to parents setting better limits in the home, and which teens may need some outside intervention. Tell the workshop group that several months (weeks) ago, based on that questionnaire your child was in High Need of Intervention. Then share your story as appropriate (what your child was doing, how it was affecting the family, etc) and how the School or Program has made a difference. Before you end the workshop, you will want to pass around a worksheet where those in attendance can write down the names and contact information of any friends or associates that they feel could also benefit from this workshop. End by telling the workshop group that you need to end the workshop but are happy to discuss further with any of them individually your experience and suggestions based on what you have learned. Thank everyone for coming. You may want (but don't need to) to serve light refreshments and then mingle with parents answering any questions or further sharing your experience.

Note:

Make sure you have a list of all attendees including names, addresses, phone numbers, and e-mail addresses. Many of these can be obtained when they RSVP. However, make sure you have an attendance sheet at the workshop to catch all those who haven't previously given you that information.